

Lecture 2

The Uncertainty Principle

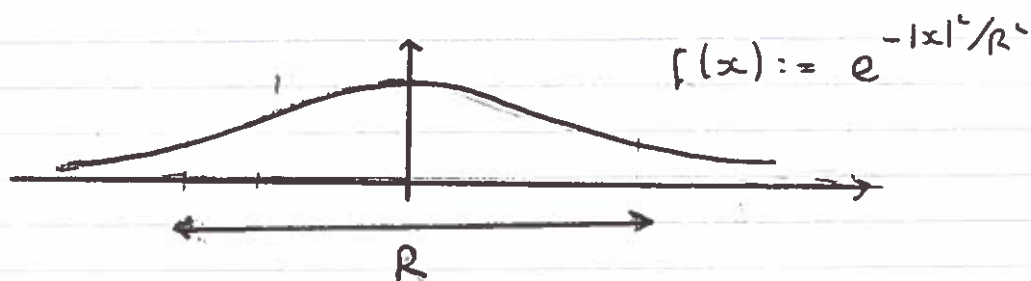
Much of the geometry of the Fourier transform is dictated by the uncertainty principle. For our purposes, this is the following heuristic:-

Uncertainty principle: If f is spatially concentrated at scale R , then \hat{f} is locally constant at scale $1/R$.

Example:- i) For $R \gg 1$ let f_R be the centred Gaussian

$$f_R(x) := e^{-|x|^2/R^2}$$

with 'variance' R . Hence f_R is 'spatially concentrated' on $B(0, R)$. For instance, for $\varepsilon > 0$, if $|x| \geq R^{1+\varepsilon}$, then $|f(x)| \leq C_{\varepsilon, N} R^{-N}$ for all $N \in \mathbb{N}$.



Note that $\hat{f}_R(0) = \int_{\mathbb{R}^n} f = (\pi R)^{n/2}$ so, by the uncertainty principle, we expect $\hat{f}_R(\xi) \sim (\pi R)^{n/2}$ for $|\xi| \leq R^{-1}$.

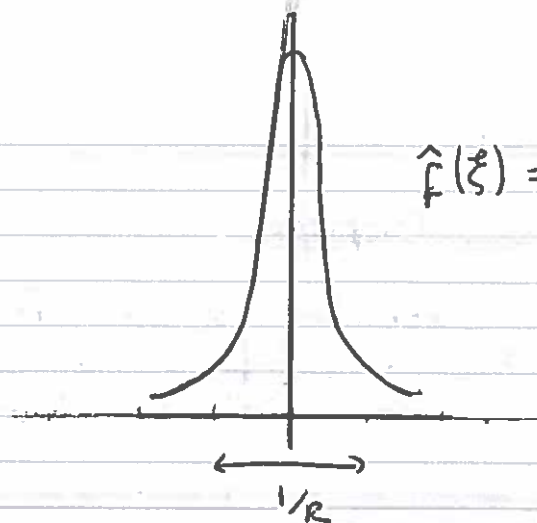
Indeed, by the well-known formula

$$\hat{f}_R(\xi) = (\pi R)^{n/2} e^{-\pi^2 R^2 |\xi|^2}$$

so this is the case. Furthermore, for $\varepsilon > 0$,

if $|\xi| \geq R^{-1+\varepsilon}$, then $|\hat{f}_R(\xi)| \leq C_{\varepsilon, N} R^{-N}$ for all $N \in \mathbb{N}$

so \hat{f}_R is 'essentially 0' on all other R^{-1} balls.



$$\hat{f}(\xi) = (R\pi)^{n/2} e^{-\pi R^{-1}|\xi|^2}$$

Thus f_R 'respects the uncertainty principle'.

ii) More generally, let $\phi \in \mathcal{J}(\mathbb{R}^n)$ and define $\phi_R(x) := \phi(R^{-1}x)$.

Then $(\phi_R)^\wedge(\xi) = R^n \hat{\phi}(R\xi)$ and it follows that

- ϕ_R is 'concentrated' on $B(0, R)$
- $\hat{\phi}_R$ is 'concentrated' on $B(0, 1/R)$.

One manifestation of the uncertainty principle is:

Lemma (Bernstein inequality) For any $1 \leq p \leq q \leq \infty$, if $f \in \mathcal{J}(\mathbb{R}^n)$ (say) with $\text{supp } \hat{f} \subseteq B(0, R)$, then

$$\|f\|_{L^q(\mathbb{R}^n)} \lesssim R^{n(1/p - 1/q)} \|f\|_{L^p(\mathbb{R}^n)}.$$

Idea / heuristic: Since $\text{supp } \hat{f} \subseteq B(0, R)$, by the uncertainty principle f is locally constant on R^{-1} -balls. In particular,

$$f \sim \sum_{k \in \mathbb{Z}^n} c_k \chi_{B(R^{-1}k, R^{-1})}$$

for some $(c_n)_{n \in \mathbb{Z}^n}$ a complex sequence (as this is just a heuristic, we won't worry about the ball overlaps).

$$\begin{aligned} \text{Thus, } \|f\|_{L^q(\mathbb{R}^n)} &\sim \left(\sum_{k \in \mathbb{Z}^n} |c_k|^q |B(R^{-1}k, R^{-1})| \right)^{1/q} \\ &\sim R^{-n/q} \| (c_n) \|_{L^q(\mathbb{Z}^n)} \end{aligned}$$

$$\begin{aligned} &\lesssim R^{n(1/p-1/q)} R^{-n/p} \| (c_n) \|_{\ell^p(\mathbb{Z}^n)} \\ &\sim R^{n(1/p-1/q)} \| f \|_{L^p(\mathbb{R}^n)} \end{aligned}$$

by the nesting of the ℓ^p -spaces. \square .

Proof:- It is possible to implement an argument via ℓ^p as in the heuristic, but here we give a cleaner proof.

Fix $\phi \in \mathcal{S}(\mathbb{R}^n)$ with $\phi(\xi) = 1$ for $|\xi| \leq 1$ and let $\phi_R(\xi) := \phi(R^{-1}\xi)$. Then

$$\hat{f}_R(\xi) = \hat{f}(\xi) \cdot \phi_R(\xi)$$

by the support condition. Consequently,

$$f(x) = f * (\phi_R)^\vee(x)$$

We now bound $\|f\|_{L^q(\mathbb{R}^n)}$ using the classical Young's inequality. In particular, if

$$1 - 1/r = 1/p - 1/q, \text{ then}$$

$$\begin{aligned} \|f\|_{L^q(\mathbb{R}^n)} &\leq \|(\phi_R)^\vee\|_{L^r(\mathbb{R}^n)} \cdot \|f\|_{L^p(\mathbb{R}^n)} \\ &\sim R^{n(1-1/r)} \|f\|_{L^p(\mathbb{R}^n)} \\ &= R^{n(1/p-1/q)} \|f\|_{L^p(\mathbb{R}^n)} \end{aligned}$$

since $(\phi_R)^\vee(x) = R^n (\phi)^\vee(Rx)$. \square .

We can also prove a local version of this result, where the L^q/p norms are taken over a ball B_r , provided the scale r respects the uncertainty principle.

Def:- For $B_r = B(\bar{x}, r)$ an r -ball in \mathbb{R}^n and $N \in \mathbb{N}$ define the weight

$$\omega_{B_r}^N(x) := (1 + r|x - \bar{x}|)^{-N}.$$

Note that $\chi_{B_r} \leq \omega_{B_r}^N$ - we think of the weight as an 'approximate characteristic function'.

15

Corollary (Local Bernstein Inequality):- Let

$1 \leq p \leq q \leq \infty$ and $R^{-1} \leq r$. If $f \in \mathcal{J}(\mathbb{R}^n)$ with $\text{supp } \hat{f} \subseteq B(0, R)$, then

$$\|f\|_{L^q(B_r)} \lesssim_N R^{n(1/p - 1/q)} \|f\|_{L^p(\omega_{B_r}^N)}.$$

Remark:- This is an example of an estimate with 'Schwartz tails' - we are unable to perfectly localize on each side of the inequality.

For example, let $g \in \mathcal{J}(\mathbb{R}^1)$ with $g(0) = 1$ and $\text{supp } \hat{g} \subseteq [-1, 1]$.

For $N \in \mathbb{N}$ define $f_N(x) := (1-x^2)^N g(x)$

so that each \hat{f}_N is a linear comb. of derivatives of \hat{g} and so $\text{supp } \hat{f}_N \subseteq [-1, 1]$ for all $N \in \mathbb{N}$.

Note $\|f_N\|_{L^\infty([-1, 1])} \geq |f_N(0)| = |g(0)| = 1$

but $f_N(x) \rightarrow 0$ as $N \rightarrow \infty$ for all $x \in [-1, 1] \setminus \{0\}$. Thus, there can be no uniform estimate

$$\|f_N\|_{L^\infty([-1, 1])} \lesssim \|f_N\|_{L^p([-1, 1])}$$

for $1 \leq p < \infty$. □

Proof (of local Bernstein):- Let $\phi \in \mathcal{J}(\mathbb{R}^n)$ satisfy

$\text{supp } \hat{\phi} \subseteq B(0, 1)$ and $|\phi(x)| \gtrsim 1$ for $|x| \leq 1$

(Exercise: show that such a ϕ exists!)

Define $\phi_r(x) := \phi(r^{-1}(x - \bar{x}))$ so that

$\chi_{B_r}(x) \lesssim |\phi_r(x)|^q$. (here $B_r = B(\bar{x}, r)$).

Hence $\|f\|_{L^q(B_r)} \lesssim \|f \cdot \phi_r\|_{L^q(\mathbb{R}^n)}$.

Now $(f \cdot \phi_r)^\wedge = \hat{f} * (\phi_r)^\wedge$ and

$$\text{supp } \hat{f} * (\phi_r)^\wedge \subseteq \text{supp } \hat{f} + \text{supp } (\phi_r)^\wedge \subseteq B(0, R) + B(0, r^{-1}) \subseteq B(0, 2R).$$

Hence, by Bernstein's inequality,

$$\|f \cdot \phi_r\|_{L^q(\mathbb{R}^n)} \lesssim R^{n(1/p - 1/q)} \|f \cdot \phi_r\|_{L^p(\mathbb{R}^n)}$$

Since ϕ_r is rapidly decaying away from B_r we have

$$|\phi_r|^p \lesssim_N \omega_{B_r}^N \text{ and the desired}$$

estimate follows. \square

Affine extensions:-

More general versions of the uncertainty principle deal with "anisotropic" localisation.

(Affine) Uncertainty Principle: If f is spatially concentrated on a centred ellipse E , then \hat{f} is locally constant on translates of the dual ellipse E^* .

Here an ellipse E is a set of the form

$$E := \left\{ x \in \mathbb{R}^n : \sum_{j=1}^n \left(\frac{|\langle x, \bar{e}_j \rangle|}{r_j} \right)^2 \leq 1 \right\} + x_0 \quad (1)$$

- where:
- $x_0 \in \mathbb{R}^n$ is the centre of E
 - $\{\bar{e}_1, \dots, \bar{e}_n\}$ forms an ON basis of \mathbb{R}^n and are called the axes of E
 - r_1, \dots, r_n are the axis lengths

The dual ellipse E^* is defined by

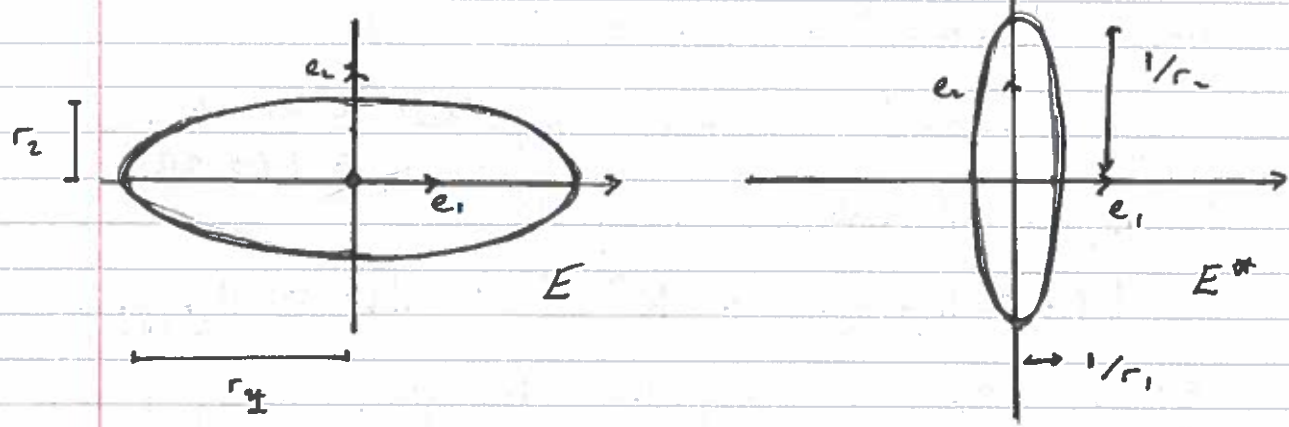
$$E^* := \left\{ \xi \in \mathbb{R}^n : \sum_{j=1}^n (r_j |\langle \xi, e_j \rangle|)^2 \leq 1 \right\}$$

so E^* has :-

- centre 0
- axes $\{\bar{e}_1, \dots, \bar{e}_n\}$
- axis lengths $1/r_1, \dots, 1/r_n$.

\square

We say E is centred if $x_0 = 0$.



• Every ellipse is given by the image of the unit ball under an affine transformation:-

Let $O := \begin{bmatrix} -\vec{e}_1 & - \\ \vdots & \\ -\vec{e}_n & - \end{bmatrix}$ (so O is orthogonal)

$$D := \begin{bmatrix} 1/r_1 & & 0 \\ & \ddots & \\ 0 & & 1/r_n \end{bmatrix}$$

and note that $A := D \cdot O$ satisfies

$$|Ax|_2^2 = \sum_{j=1}^n \left(\frac{|\langle x, e_j \rangle|^2}{r_j} \right) \tag{2}$$

Thus, E defined in (1) is given by

$$E = A^{-1} B(0, 1) + x_0.$$

On the other hand,

$$E^* = (A^*)^{-1} B(0, 1)$$

where $A^* = D^{-1} \cdot O$. Note that $A^* = A^{-T}$ is the inverse of the transpose (or transpose of the inverse) of A since

$$A^* = D^{-1} O = (O^{-1} D)^{-1} = (O^T D)^{-1} = (D O)^{-T} = A^{-T}$$

since $O^{-1} = O^T$ by O orthogonal and $D^T = D$ by D diagonal.

• On the other hand, if $f \in \mathcal{J}(\mathbb{R}^n)$, then for any $A \in GL(n, \mathbb{R})$

$$(\phi \circ A)^\wedge(\xi) = \frac{1}{|\det A|} \hat{\phi} \circ A^*(\xi)$$

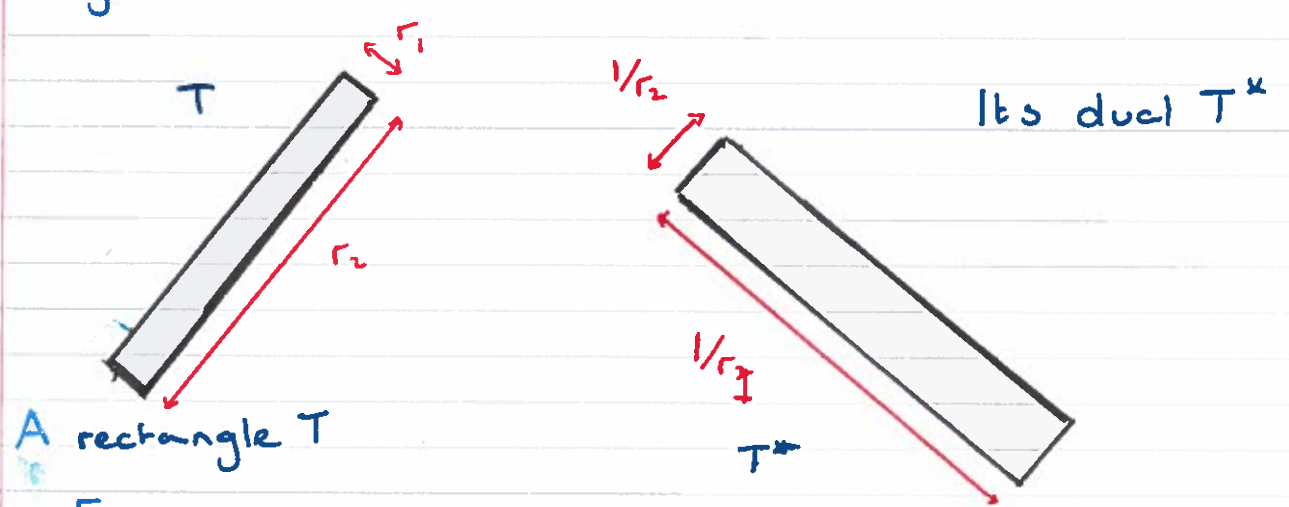
where $A^* = A^{-T}$.

In particular, if $\phi \in \mathcal{J}(\mathbb{R}^n)$ with $\phi(0) = 1$ and A is the matrix featured from (2), then

- $\phi \circ A$ is concentrated on $A^{-1}(B(0,1)) = E$
- $(\phi \circ A)^\wedge = \frac{1}{|\det A|^{-1}} \hat{\phi} \circ A^*$ is concentrated on $(A^*)^{-1}B(0,1) = E^*$.

Exercise:- Use these observations to state and prove an appropriate affine extension of the Bernstein inequalities above.

Remark:- We'll often apply the uncertainty principle to rectangles / cylinders rather than ellipses, with duality interpreted in the obvious way



From a convex geometry perspective, ellipses are perhaps more natural, but rectangles can be thought of as arising from the 1-d uncertainty principle and tensoring.

